



Quick Chat: Episode 010

Addictions

Study Guide

<https://atozenglishpodcast.com/what-are-your-favorite-things/>

Use your dictionary to write definitions for the vocabulary words below.

Addictive	
Obsessed	
Indulge	
Binge	
In check	

Use the vocabulary words above to write five sentences.

1.
2.
3.
4.
5.

Fill in the blanks.

Kevin:	..._____ are very addictive ...
Jack:	...I _____ very obsessed with _____...
Jack:	...I over _____ in that kind of stuff...
Kevin:	...It's very _____ to binge _____ things...
Jack:	...I have to _____ myself in check ...

Discussion Questions

1. What are your addictions?
2. How do you control your addictions?
3. Do you have any healthy addictions?



Quick Chat: Episode 010

Addictions

Study Guide Answer Key

<https://atozenglishpodcast.com/what-are-your-favorite-things/>

Use your dictionary to write definitions for the vocabulary words below.

Addictive	Something that makes you want to do it excessively
Obsessed	Unable to stop thinking about something
Indulge	To take part in, especially something that is not good for you
Binge	To do something to excess; the inability to stop doing something
In check	To monitor your behavior closely

Use the vocabulary words above to write five sentences.

- 1.
- 2.
- 3.
- 4.
- 5.

Fill in the blanks.

Kevin:	...Those games are very addictive...
Jack:	...I get very obsessed with things...
Jack:	...I over indulge in that kind of stuff...
Kevin:	...It's very easy to binge watch things...
Jack:	...I have to really keep myself in check...

Discussion Questions

1. What are your addictions?
2. How do you control your addictions?
3. Do you have any healthy addictions?