

A to Z English



Episode: A to Z Idioms 20: Idioms with sand

Website: <http://atozenglishpodcast.com>

In this episode, the group talks about hot ☀️ desert themed idioms

to **bury your head in the sand**

to **let the dust settle**

Podcast Transcript: <https://atozenglishpodcast.com/idioms-20/>

Share your answers to the discussion questions in our WhatsApp group chat! <https://forms.gle/zKCS8y1t9jwv2KTn7>

If you could take a minute and complete a short survey about the podcast, we would be very appreciative. You can find the survey here: <https://forms.gle/HHNnnqU6U8W3DodK8>

We would love to hear your feedback and suggestions for future episodes.

Send questions and comments to: atozenglishpodcast@gmail.com

Intro/Outro Music: Eaters, song Dig Your Own Soul
(eatersmusic2000) <https://freemusicarchive.org/music/eaters/an-evening-with-tuck-pendleton/dig-your-own-soul/>

Tik Tok: @atozenglish1

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Full Transcript
Welcome to an A. 00:00:07 Kevin To Z English idioms from A-Z.

00:00:10 Kevin

We've got two new idioms for you today and then we're going to talk about them and explain them as well.

00:00:16 Kevin

Remember to check our website where you can see a transcript of this discussion as well as links to our WhatsApp.

00:00:22 Kevin

Facebook and other social media so you can jump and try and use the idioms yourself.

00:00:28 Kevin

So Jack, last week we talked about some ice idioms that was too cold.

00:00:33 Kevin

It's the winter.

00:00:34 Kevin

I need something warmer.

00:00:35 Kevin

What do you want to talk about today?

00:00:36 Jack

Let's let's get into the desert and meet you a couple of rounds.

00:00:37 Kevin

Idioms, have we?

00:00:39 Kevin

Oh yes, and from a desert.

00:00:41 Jack

Yeah, some sand, I think and idioms would be good.

00:00:45 Kevin

Some sand, some sand idioms.

00:00:48 Kevin

Sand gets everywhere, but there are some good idioms in it.

00:00:52 Jack

There are.

00:00:52 Kevin

OK, So what are they?

00:00:53 Jack

So the first one is bury your head in the sand.

00:00:57 Kevin

To bury your head in the sand?

00:00:59 Kevin

OK, that's an interesting one and.

00:01:02 Jack

Yeah, and the second one is.

00:01:04 Jack

Let the dust settle.

00:01:05 Kevin

Huh, nice, OK to bury your head.

00:01:08 Kevin

In the sand.

00:01:09 Kevin

And to let the dust settle, both very cool and much, much warmer idioms this time.

00:01:16 Kevin

Great, so burying your head in the sand.

00:01:20 Kevin

That does not sound comfortable.

00:01:22 Kevin

I don't want to bury my head in.

00:01:22 Jack

It does not sound comfortable, no?

00:01:24 Kevin

The hand so.

00:01:26 Jack

We'll we'll leave.

00:01:27 Jack

That up to the the ostrich, they can they.

00:01:29 Kevin

Can be added?

00:01:30 Kevin

Yeah, that's that's a good plan.

00:01:32 Kevin

So if you if a person.

00:01:34 Kevin

Is burying their head in the sand?

00:01:36 Kevin

Obviously this is an idiom.

00:01:38 Kevin

It's not literal.

00:01:39 Kevin

I'm not going to go to the beach and put my head in the sand.

00:01:43 Jack

Right?

00:01:44 Kevin

Uhm, what does this mean to to bury your head in the sand?

00:01:48 Jack

So to bury your head in the sand.

00:01:51 Jack

Is actually we always.

00:01:52 Jack

Use this idiom in the negative.

00:01:55 Jack

I don't think I can ever think of a time where we used it in.

00:01:58 Jack

The positive well.

00:01:59 Jack

You can maybe correct me, I'm trying to think.

00:02:03 Kevin

I mean, the idea of burying your head in the sand is you're trying to ignore or avoid a situation or a problem.

00:02:12 Jack

Exactly and so.

00:02:13 Kevin

Right, and you wouldn't want to avoid or ignore a good thing.

00:02:18 Kevin

You know, like if it's my birthday next week, I don't want to ignore that.

00:02:21 Kevin

I don't want to bury my head in the sand because it's not something to avoid.

00:02:25 Kevin

It's yeah I've got a.

00:02:25 Kevin

Party next week.

00:02:26 Jack

Right?

00:02:27 Kevin

That's that's a good thing.

00:02:28 Jack

Exactly exactly, and we often use it with like don't.

00:02:31 Jack

So like he would.

00:02:32 Jack

Tell somebody don't bury your head in.

00:02:34 Jack

The sand layer.

00:02:35 Jack

Don't don't ignore the problem, don't ignore me.

00:02:40 Jack

And you know.

00:02:41 Jack

Or I could I?

00:02:42 Jack

Could say it like like you said, it's always like you know negative.

00:02:46 Jack

It's not a happy situation so he would say.

00:02:48 Kevin

Yeah, you're avoiding some problem.

00:02:51 Jack

Yeah, you did.

00:02:52 Jack

All you could say to somebody you always bury your head in the sand you never you never want to face your problems.

00:02:59 Jack

You know, and so it's it's a thing that it's.

00:03:00 Kevin

Right?

00:03:02 Jack

It's kind of, you know you could, we would use it to like accuse somebody of not paying attention to an important situation or problem, or just denying it completely.

00:03:13 Kevin

Yeah, someone who's always like everything is going to be OK.

00:03:16 Kevin

Everything is going to be OK and it's like, dude, you're burying your head in the sand.

00:03:20 Kevin

The problem gets worse every year.

00:03:23 Kevin

You know you've got a bad manager at work or something and he never helps you.

00:03:27 Kevin

It's like he's not going to get better.

00:03:29 Kevin

He's been a bad manager for for years.

00:03:31 Kevin

It's not going to get better.

00:03:32 Kevin

You're burying your head.

00:03:34 Jack

Yeah, another one would be like if you got a bill in your house and you don't want to.

00:03:38 Jack

You know it's it's.

00:03:40 Jack

It's a lot of money you don't want to pay it.

00:03:41 Jack

So instead of of dealing with the the the situation and paying the bill, you just bury your head in the sand and then another bill comes and another bill comes and another bill comes.

00:03:52 Jack

And pretty soon your.

00:03:54 Jack

You you know you're you're so deep in trouble or deep in debt or something that now your problem is 10 times bigger than it was before and why?

00:04:05 Jack

Why did that happen?

00:04:06 Jack

Because you buried your head.

00:04:08 Jack

In the sand.

00:04:09 Jack

And so don't bury your head in the sand.

00:04:12 Jack

There's some good life advice right there.

00:04:14 Kevin

Yes, yeah, face your problems head on, look, look for the problems.

00:04:17 Kevin

If you ignore it, it won't get better.

00:04:19 Kevin

It won't fix, yeah.

00:04:21 Kevin

So yeah, burying your head in the sand is to avoid a situation pretending that it doesn't exist.

00:04:26 발표자 3

You flew.

00:04:27 Kevin

Yes, if I don't see it, it's not a problem, but the problem of course is is still there, so it doesn't.

00:04:32 Jack

That's right, you can't avoid the problem.

00:04:34 Jack

It's real.

00:04:34 Jack

It's reality, so yeah.

00:04:36 Kevin

Yep, OK, so burying your head in the sand.

00:04:39 Kevin

Right and then you also talked about letting the dust settle, letting the dust settle all right.

00:04:47 Kevin

So what is this one about?

00:04:50 Jack

So this one, I mean, these are interesting, how they're different, but they could be related relatable I guess in in in some situations.

00:04:58 Kevin

In some ways.

00:04:59 Jack

So so if you decide to deal with your problems or have conflict with somebody or whatever.

00:05:07 Jack

And you face your problem.

00:05:10 Jack

Sometimes it's good to let the dust settle before you continue.

00:05:17 Jack

So for example, if I have an argument with somebody and I just keep you know, talking to them and talking to them and they.

00:05:25 Jack

Say I don't.

00:05:26 Jack

Want to talk to you right now?

00:05:28 Jack

In in that situation, it would be better to let the dust set.

00:05:33 Jack

And so yeah.

00:05:34 Kevin

Right, so you want to let a situation kind of become calm again normal again.

00:05:41 Kevin

Uhm, after something crazy has happened I I think an easy way to picture this is imagine an explosion, right?

00:05:50 Kevin

So it could be you're talking about like a fight, right between someone or it could be anything.

00:05:54 Kevin

Some stress at work or whatever, but imagine an explosion, right?

00:05:59 Kevin

Something explodes.

00:06:00 Kevin

So when there's an explosion, there's lots of dirt and dust and things that are up in the air.

00:06:06 Kevin

And right after the explosion, it's not a good idea to run into the area where the explosion happened first.

00:06:14 Kevin

You want to wait a few minutes, let the dirt subtle let it come down to the ground, and then you can go in and see what happened.

00:06:22 Jack

Yeah, and this this there's a.

00:06:23 Jack

There are a lot of layers to this idiom, because if you think about all that dust up in.

00:06:27 Jack

The air you.

00:06:28 Jack

Can't see clearly.

00:06:29 Jack

And when you're really angry, you're not thinking clearly, and so you know if you have an argument with somebody, it's it's a lot better to just let the dust settle and to let everything calm down and then.

00:06:42 Jack

You're not, then you're thinking more clearly also and it's just like you know.

00:06:46 Jack

When an explosion.

00:06:47 Jack

Happens you can't see what you're doing.

00:06:49 Jack

It's dangerous, it's you know.

00:06:52 Kevin

You need to really be able to see everything before you can make your next move.

00:06:57 Kevin

Right, so there was some crazy news like our business is going bankrupt yesterday we just saw the president told us this, but let's let the dust settle before we make any decisions on what to do next.

00:07:10 Jack

Exactly, yeah.

00:07:11 Kevin

We need to we need to see what's really going to happen.

00:07:14 Kevin

Before this, right?

00:07:16 Jack

What's the difference?

00:07:17 Kevin

I mean, we talked.

00:07:18 Kevin

We talked about this in our one of our chats when we were talking about news and Elon Musk, right?

00:07:22 Kevin

So all of the Twitter employees right now.

00:07:23 Jack

Yeah, yeah.

00:07:25 Kevin

You know you almost bought Twitter and they're like Oh my God, what is this?

00:07:26 Jack

But with that said.

00:07:29 Kevin

But they should let the dust settle before they make any decisions, right, right?

00:07:33 Jack

Right, yeah, and I think the dust is still settling in that situation, but.

00:07:34 Kevin

So don't immediately start to.

00:07:38Kevin

Yes, right, but yes.

00:07:40Kevin

So look around.

00:07:41Jack

But letting the dust settle is is not the same as sticking burying your head in the sand.

00:07:45Jack

I just wanted to make sure our listeners understand those are different things, because letting the dust settle is a is a choice that you're making.

00:07:55Jack

That it's actually a good choice.

00:07:56Jack

You're you're dealing with the situation or the problem by saying OK, everybody needs to calm down.

00:08:03Jack

Everything needs to cool down so we can think clearly and then we will deal with the situation.

00:08:09Jack

Burying your head in the sand is saying there's no problem.

00:08:13Jack

There is no explosion, nothing happened.

00:08:15Jack

Everything is perfect and so it's a it's a form of denial and letting the dust settle is actually a good life life tip.

00:08:23Jack

So letting the dust settle is good, yes.

00:08:24Kevin

Yes, yes, but don't bury your head in the sand but but do let the dust settle after something happens.

00:08:28Jack

Yeah there.

00:08:30 발표자

We go.

00:08:31Kevin

Nice all, right? Well, there's R2 for today, so for everyone out there listening come join us in our WhatsApp chat or on Facebook or send us an e-mail or reply on our website.

00:08:42Kevin

We have many ways to get.

00:08:43 Kevin

In touch and tell us.

00:08:44 Jack

Some time where.

00:08:45 Kevin

Maybe you wanted to bury your head in the sand, but it wasn't a good idea or sometime.

00:08:50 Kevin

Where it was good.

00:08:51 Kevin

?

?

To let the dust settle and see what happened after something crazy and we'll see you all next time.

00:08:57 발표자

Bye bye.

00:09:06 발표자

Can you dig it?